

TYPES OF ABUSE

Domestic abuse is not always physical abuse. It is **persistent** and **controlling behaviour** by a partner or ex-partner which causes physical, sexual +/ emotional harm. This often gets worse over time.

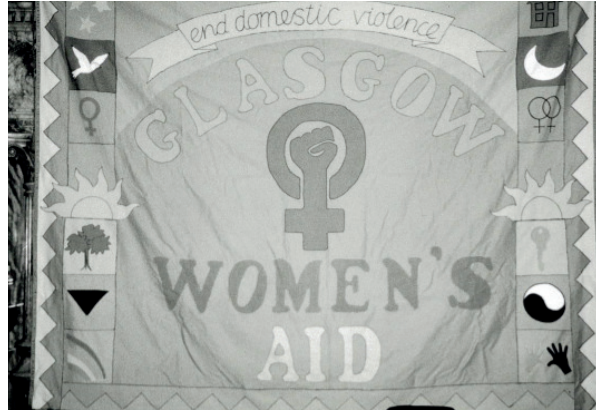
Financial - Money being withheld, forced to make benefit claims/take out loans, not being allowed to control own finances

Coercive control - Isolation, mind games, monitoring phone calls/texts, controlling what you eat, how you dress, who you see and contact & changing the rules to confuse you

Psychological +/ emotional - Name calling, constant criticism, threats, being put down in front of others, being isolated from friends and family, emotional blackmail, guilt-tripping

Physical and sexual - Hitting, slapping, choking, punching, threats with weapons and death. Rape, sexual assault, forced to imitate pornography, forced unprotected sex, non-consensual dissemination of intimate images

“ Coming to live in refuge
is one of the **best** things
I've done in my **life** ”



ABOUT US

Since 1973 we have developed as a service from our first refuge - a house run completely by volunteers - to include a Children and Young People service. We have funding from Glasgow City Council and the Scottish Government which allows for us to have 46 spaces in five refuge bases and spaces across the city.

We work from a feminist perspective, which acknowledges that the root cause of abuse of women and children is the societal imbalance of power between men and women.

The development of our service provision over the last 50 years has been guided by the women, children and young people that we have supported. They have always been our inspiration.

IF YOU DECIDE TO LEAVE

Think about how you will leave...

- ✦ If possible, get help from people you are sure can be trusted
- ✦ Try to put some money aside for taxis, bus fares, phone calls
- ✦ Keep a key to your own home with you at all times
- ✦ Keep a note of phone numbers (e.g. Women's Aid, local housing department), but make sure they are safely hidden



What to take with you

- ✦ If you want to claim benefits you will need to have some documentation (e.g. driving licence, passport, birth certificate, original tax credit letters and payslips)
- ✦ Your children's passports and birth certificates
- ✦ Clothing and toiletries for yourself and your children
- ✦ Your children's favourite small toys

WHAT WE DO



REFUGE

We offer refuge which is safe, temporary housing at a secret address, where the women and their family can stay. All refuges are fully furnished to a very high standard.



CRISIS SUPPORT

Our helpline is open five days a week, along with our drop in service for women wanting to get support from us. Women are welcome to bring children with them.



FOLLOW ON

We have a Follow On service for families making the transition into their own housing after refuge. The service is optional and is generally with the woman's key worker.



OUTREACH

We also have an Outreach service to work with women in their own community to help them with their experiences of domestic abuse.



CHILDREN & YOUNG PEOPLE

We also offer refuge, Follow On and Outreach services for children and young people. Our Enough!! service is for young women experiencing abuse aged 13-21.



PEER SUPPORT GROUPS

We have peer support groups for women experiencing abuse, and a specialised court ordered contact support group.

CONTACT US



0141 553 2022



glasgowwomensaid.org.uk



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SUPPORT

getsupport@glasgowwomensaid.org.uk

MEDIA

comms@glasgowwomensaid.org.uk

ENQUIRIES

admin@glasgowwomensaid.org.uk



Monday - Friday
9.30am - 4.30pm



FOLLOW US



GlasgowWomensAid



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GWA1973

Registered Scottish Charity No. SC005227



Glasgow Women's Aid

Supporting women, children
& young people experiencing
domestic abuse since 1973

Crisis support line
0141 553 2022

